

For the website...FYI ...From the **New York State Developmental Disabilities Website** @

www.ebulletin.us/

Supplemental Nutrition Assistance Program (“Food Stamps”) The Supplemental Nutrition Assistance Program is a federally-funded program that supplements the food budgets of low-income households. Eligibility and benefits are based on income, household size and other factors, and benefits are provided through an electronic benefit card, similar to a debit card.

Free or Low-cost Health Insurance Medical Assistance is help for people who cannot pay for all of their medical care.

Medicaid is a program for New Yorkers who can't afford to pay for medical care. The Medicaid program is available to people who have income and resources below certain limits. There are also other eligibility requirements that must be met. Medicaid provides comprehensive coverage, including prevention, primary care, hospitalization, prescriptions and other services.

Family Health Plus is a public health insurance program for adults aged 19 to 64 who have income or resources too high to qualify for Medicaid. Family Health Plus is available to single adults, couples without children, and parents with limited income who are residents of New York State and are United States citizens or fall under one of many immigration categories. This program provides comprehensive coverage, including prevention, primary care, hospitalization, prescriptions and other services. There are minimal co-payments for some Family Health Plus services. Health care is provided through participating managed care plans in your area. To get more information, call the Family Health Plus helpline toll free at 1-877-934-7587.

Child Health Plus is a public health insurance program for children under 19 years old whose family income is too high to qualify for Medicaid. Child Health Plus coverage is provided through managed care organizations. To get more information, call the Child Health Plus helpline toll free at 1-800-698-4543.

Other Work Supports In addition to the work supports mentioned above, there are many more, including programs to help with child care, transportation and housing, free and reduced school lunch programs, and others. You can visit www.otda.state.ny.us to find out more about some of these programs and link to additional sites with more information